

Meeting Makers Monthly

SHOW ME

You call us all brothers
And tell us what to do
From your great experience
Yes, it may be true
Yet we are all fellows
Who learn best by the walk
So please come help us
And not just with your talk
Most will rebel
When told what to do
This is not the Army
So put on your shoe
And walk with us daily
To the common goal
For this is what we have been
taught

Be for us a model role

DON'T TELL ME

ILS Gary S.

Wow... Sponsorship. I feel as if having a sponsor isn't just having someone there to guide me through the twelve steps. But also having someone there just to get to know, and them getting to know me. A sponsor should be someone you can talk to about anything. They should be someone you can call in the middle of the night when you are all alone and need someone there just because your shit has hit the fan and you don't think you can take anymore.

I love my sponsor. I honestly don't know what I would do without her. I look up to her. She is an amazing woman. I remember the day I met her. I had heard what she shared and every word she said just popped out at me. I was like "Man, I am going to make that lady my sponsor. She can save me!" I thought that she was like superwoman. She seemed so strong and like she had some great recovery. She is independent. She stands up for herself, and for all the women in the fellowship.

I haven't been around the fellowship for very long but she has helped me so much. It's amazing because when I don't have time to call her because of work, she calls me. And most of the time it's at the right moment. She can tell how I really feel by how I sound and what I am saying when others can't. It seems like she has these superpowers to be able to look in my eyes and really tell how I am feeling and what's going on. She reminds me of why I need to stick around when I just feel like running. She gives me some of the best advice.

I would not trade my sponsor away for anything else in the world. Not even a MILLION dollars. She is priceless and I can only hope to one day be like her. And I believe, that given time, and the knowledge,

Did you know..... There is a new limited edition of it Works How and Why, only 2500 made!



STEP FIVE

We review our first four steps and see that their purpose is to awaken our spirits, not deaden our feelings.

Basic Text page 52

We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

The fifth step was different for me this time through the steps again. I didn't focus so much on the details of my past as much as focus on deep issues that needed to be resolved. My sponsor had me write an autobiography, which was a different approach from my first sponsor. Through this, I was able to establish patterns of my using and patterns throughout my life that were triggers for said using. My sponsor also had me share, formally, with myself and my Higher Power, whom I choose to call God. When I shared with myself, other incidents came to mind. When I shared with God, understanding came to mind. When I shared with my sponsor, I got peace of mind.

by ♥Sherri T

Reprinted from Meeting Makers Monthly September 2008, Volume 5.

"We admitted to God, to ourselves, and to another human being the exact nature of our wrongs."

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live.

Basic Text page 65

We find that we are also trustworthy and deserving.

Basic Text pg 57

Ascension

To the bottom of every glass
 To the end of every line
 Turned this back on light divine
 To the push in every pipe
 To the last in every script
 Smoked, swallowed, shot and sipped
 Terminally cool and fatally hip
 Selfish
 To the front of every class
 To the joy of every shrine
 Turned to face the light divine
 To the service of every type
 To the smile in every give
 Pray, hope, serve and live
 Exist in love and to forgive
 Selfless

♥ Louis Paul Fristensky, III

PRAYER

Lord, help me accept life, as it is
 People, as they are
 Live in this day
 This moment
 With peace

SPONSERSHIP...

I was told that a sponsor is not a friend, is not a relationship counselor and has to be someone that has something that I want..

Such as a god of his or her understanding and a sense of peace in his or her life.. And has worked steps with a sponsor, because that is what that relationship will be all about.

Working steps and beginning my recovery process. Funny thing though, as I started to work steps.. that friendship that I wanted from my sponsor began to develop. As I was letting him into me, he was letting me into him. And as a result I started to learn what true friendship was all about.

As I started to recover by taking some responsibility for my recovery.. He told me, this thing begins and ends with me. That kind of pissed me off because I like to point my finger at anyone but me. But today I understand where he was coming from.. As we say more will be revealed and in time that relationship became a two way street.. Today My understanding is a lot greater than it was a few years ago and what I want from a sponsor is very different as well. I do know this, that I could have not learned what i have without sponsorship.

It is the heartbeat of the fellowship in my opinion. And if you don't have the best sponsor in NA go and find him or her, it just might be the best thing u do for your recovery. I've had a couple of sponsors and have received great things from all of them.. I just need to be open enough to receive it!! So a sponsor is a guide through the 12 steps but as a result of doing the work can be so much more!!!

ILS- Kip K.

Anniversaries

APRIL

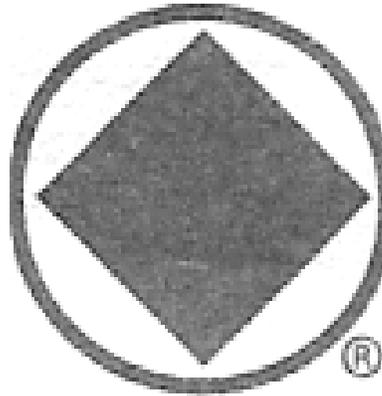
Mike A. 1 year
 Brenda G. 6 years
 Rick P. 7 years
 Stormy M. 9 years
 Mike H. 11 Years

May

Peg 1 Year
 Linda 1 Year
 Rob R. 3 Years
 Jamie T. 3 years
 MJ 3 Years
 Bruce C. 6 Years
 Joel H. 7 Years
 Mike B. 16 years
 Louie P. 18 years
 Kim R. 19 years
 Tommy C. 26 years

June

Grace C. 28 Years
 Stephanie 3 Years
 Karrin H. 3 Years



Next issue submit
 Anniversaries
 For
 July & August!!

EVENTS!!!

WCNA 34!!!! World Convention of Narcotics Anonymous 34!!! September 1-4, 2011, San Diego Convention Center. Check out NA.ORG for more details...

Daytona Area Convention!!! April 29 to May 1, 2011, Hotel Plaza and Resort, Daytona FL. Call Ben G. at (954) 253-7000 or visit daytonana.org for more information

Spiritual Retreat!!!! April 29 to May 1, 2011, KOA Sugarloaf Key, it's a great camping experience for the whole family!!

Chili Cook Off!!!! May 21st, Evans Ave SWFAS, homes group or individual, bring out your best recipe, 6pm and a meeting at 8pm

Some Are Sicker than Others!!!! Coming this summer, annual summer dance

GCCNA XXI May 27-30 Gold Coast Area Convention Hyatt Regency, Weston, FL

East Coast Convention 15 June 24-26 New London, Connecticut

SFRCNA XVII South Florida Regional Convention, August 19-21 Hyatt Regency, Weston, FL

<p>I DID NOT WANT TO DO A 4TH OR 5TH STEP CAUSE IF ANYONE KNEW WHAT I DID THEY WOULD THINK I WAS THE WORST OF THE WORST</p>	<p>AS IT TURNED OUT WHEN I DID MY FIFTH STEP, TOLD MY DEEPEST SECRETS TO SOMEONE I TRUST, I KNOW LONGER HAD TO LIVE WITH IT. ANYMORE IT WAS A RELIEF TO LET IT GO. I WAS ABLE TO CONTINUE IN MY PROGRAM WITH OUT THE QUIET TODAY I LIVE MY LIFE ONE DAY AT A TIME HELPING OTHERS BEING A PRODUCTIVE MEMBER OF SOCIETY.</p> <p>5th STEP: "WE ADMITTED TO GOD, TO OURSELVES AND TO ANOTHER HUMAN BEING THE EXACT NATURE OF OUR WRONGS."</p>	<p>"DON'T PICK UP NO MATTER WHAT"</p>	<p>We want your ideas, articles, poems, graphics and anniversaries. Please submit them to one of the followings addresses: gulfcoastareanewsletter@live.com</p> <p>Or Service Committee (ASC) Att: Newsletter PO Box 50375</p>
		<p>I.L.S. BOB A.</p>	